

# Curriculum Map



## Year 2

### Multi-ability Cog Focus & Learning Journeys

◆ Exceeding ■ Expected ▲ Working towards

### Weeks

### Fundamental Movement Skill Focus

#### Unit 1



- I know where I am with my learning and I have begun to challenge myself ◆
- I try several times if at first I don't succeed and I ask for help when appropriate ■
- I can follow instructions, practise safely and work on simple tasks by myself ▲

1-3

Coordination:  
Footwork  
(FUNS Station 10)

4-6

Static Balance:  
One Leg  
(FUNS Station 1)

#### Unit 2



- I show patience and support others, listening well to them about our work, I am happy to show and tell them about my ideas ◆
- I can help praise and encourage others in their learning ■
- I can work sensibly with others, taking turns and sharing ▲

7-9

Dynamic Balance  
to Agility:  
Jumping and Landing  
(FUNS Station 6)

10-12

Static Balance:  
Seated  
(FUNS Station 2)

#### Unit 3



- I can understand the simple tactics of attacking and defending, I can explain what I am doing well and I have begun to identify areas for improvement ◆
- I can begin to order instructions, movements and skills. With help I can recognise similarities and differences in performance and I can explain why someone is working or performing well ■
- I can understand and follow simple rules and can name some things I am good at ▲

13-15

Dynamic Balance:  
On a Line  
(FUNS Station 5)

16-18

Static Balance:  
Stance  
(FUNS Station 4)

#### Unit 4



- I can make up my own rules and versions of activities, I can respond differently to a variety of tasks or music and I can recognise similarities and differences in movements and expression ◆
- I can begin to compare my movements and skills with those of others, I can select and link movements together to fit a theme ■
- I can explore and describe different movements ▲

19-21

Coordination:  
Ball Skills  
(FUNS Station 9)

22-24

Counter Balance:  
With a Partner  
(FUNS Station 7)

#### Unit 5



- I can perform and repeat longer sequences with clear shapes and controlled movement, I can select and apply a range of skills with good control and consistency ◆
- I can perform a range of skills with some control and consistency, I can perform a sequence of movements with some changes in level, direction or speed ■
- I can perform a single skill or movement with some control, I can perform a small range of skills and link two movements together ▲

25-27

Coordination:  
Sending and Receiving  
(FUNS Station 8)

28-30

Agility:  
Reaction/Response  
(FUNS Station 12)

#### Unit 6



- I can describe how and why my body feels during and after exercise, I can explain why we need to warm up and cool down ◆
- I can say how my body feels before, during and after exercise, I use equipment appropriately and move and land safely ■
- I am aware of why exercise is important for good health ▲

31-33

Agility:  
Ball Chasing  
(FUNS Station 11)

34-36

Static Balance:  
FloorWork  
(FUNS Station 3)