Highwood Primary School

Promoting Resilience - Achieving Potential

Year 1 Autumn 1 2026

Daily home learning

- Daily reading and sharing books.

Here is an outline of the home learning activities for the Year 1 children, this half term. Your child should choose to complete one of these activities each week. **Please sign the Home Learning grid** to show that the activity has been completed and **send it in every Tuesday**. You may wish to include photographs of larger pieces of work and practical activities.

Reading



We love reading in Year 1. Draw a picture of your favourite book character. Then write a sentence to explain why it is your favourite character.

Challenge: Take a picture of you reading one of your favourite books in an unusual place. We would love to display it in our Reading Corner.

Parent/carer signature and comment: _____

History

The children will be learning to recount past changes from their own lives. If possible, we would like you to print off a photo from each year of your child's life and ask your child to have a go at putting them in chronological (time) order. Together, discuss what your child could do at each stage of their life and what they have learnt to do as they have got older.

Challenge: Write sentences to go with each photo to explain what you could do at each stage.

Parent/carer signature and comment:_____

PE



Make an obstacle course for members of your family to complete. For an indoor course, use furniture, pillows and blankets to create areas to crawl on, under and through.

Outdoors, you can use things like hula-hoops to jump in and out of, jumping jacks, belly crawling, bear walking and other creative movements that challenge your child to balance, crawl, jump and run.

Parent /carer signature and comment:_____

Lovely Letters



Using objects and loose parts around the house to create each letter in the alphabet. You could use pasta, pencils, coins, sweets, Lego, pebbles etc.

Challenge: Write all your letter formations from a to z!

Parent/carer signature and comment: _____

Writing numbers



Practise writing your numbers 0-20. Check all your numbers are the right way round. Make your own number cards; write the number and draw the amount. Try to order them, read them, count out objects onto them etc.

Challenge: Use your cards to find different ways of making 5 or 9.

Parent /carer signature and comment:_____

Counting



Count out 10 objects (pasta shapes, conkers, buttons are ideal). Then see how many ways you can make 10 using two numbers. You could record by drawing your groups of objects or by photographing your findings. Now record your answers by writing them down like this: 7+3=10,

Challenge: Choose a number between 2 and 9. How many ways can you make your selected number? Repeat for other numbers.

Parent /carer signature and comment:_____

Art

Become an artist! Create a portrait of a member of your family. You could do this in paint, collage, pencil or any other medium of your choice.





Parent/carer signature and comment: _____

Senses

Explore your senses at home or when you are outside. What can you hear, taste, touch, smell and see?

You could even do a taste test blindfolded to see if you can recognise the taste.

Record what you saw, heard, touched, tasted and smelt.

Challenge: Write a sentence to explain your recordings e.g. I can smell flowers with my nose.

Parent /carer signature and comment:_____

Free Choice Activity

Do a home learning task on a subject or topic of personal interest. You can record it with photographs or drawings.



Challenge: Write about it in your book.

Parent /carer signature and comment:_____