



Highwood Primary School

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Promoting Resilience, Achieving Potential

Headteacher Mrs B Rai

Monday 16th May 2022

Newsletter 12

Dear Parent and Carers,

Last week Year 6 children completed their SATs. I would like to thank everyone at home and in school for supporting them to do their best each day. We are immensely proud of the way they conducted themselves over the week; they have been superb, and we know they could not have done any better.

Having not carried out the tests for two years, the school team worked hard to organise timetables, the room spaces, so that children felt relaxed and calm to complete the tests. The children will now continue their learning for the rest of the summer term. We will be supporting them in their ongoing writing assessments and preparations for secondary transition.

The SATs results will not be published this year but will serve as a benchmark for the school to see how our outcomes compare to other schools, following the disruption that the pandemic has caused to children's learning.

As in my previous letter, the rest of the school will be undertaking various assessments. As always, we prefer to keep it low key and part of everyday learning. We will maintain a calm, supportive environment to allow the children to do their very best. We look forward to your ongoing support.



The Queen's Platinum Jubilee Celebrations

We are looking forward to celebrating on Thursday 26th May (last day of this half term). Each year group is planning a variety of activities, ranging from learning about the history of the royal family and especially our Queen, through drama and role play, arts and crafts, quizzes. We are looking forward to the school lunch menu theme being "extra delicious for Royalty".



We would like you to provide your child with a mini snack box filled with tasty and nutritional treats for the afternoon. Weather permitting, we will hold team activities and games and eat our snacks by having a mini picnic.

Children may come dressed up as Royalty or in colours of red, white and blue. They can bring along a Union Jack or A Commonwealth Flag.





SEND Review

- ✓ Right support
- ✓ Right place
- ✓ Right time



Government SEND Review: Right Support, Right Place, Right Time

The government is determined to level up opportunities for all children and young people – without exception. We are just as ambitious for children and young people with special educational needs and disabilities (SEND) as we are for every other child. The SEND Review sets out the government's proposals for a system that offers children and young people the opportunity to thrive, with access to the right support, in the right place, and at the right time, so they can fulfil their potential and lead happy, healthy and productive adult lives.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1073623/SEND_Review_consultation_Easy_Read.pdf

The link above will help you to understand the review and to have your say about the consultation. **If you require help to understand it better, please make an appointment to see Mrs Fernandes, SENDCo and Inclusion Lead, who will be happy to guide you through it. It is important that you have your say.**

The government still wants to hear your views on their changes, to make sure they get it right. They need to know what you think by **Friday 22 July 2022.**

If you would like to get involved visit:
sendreview.campaign.gov.uk



Introduction



The **government** looked at services and support for children and young people with **special educational needs and disabilities** and in **alternative provision** to look at how to improve them.

Government is a group of people who make decisions for a country.

We called this the SEND Review.



Review means looking into something to find out more information about it and suggesting some possible changes to improve things.



Special educational needs and disabilities is sometimes called SEND for short.



Alternative provision gives extra support in mainstream schools, or provides specialist places and support, to children and young people who need more help to learn as well as they can.

Glossary



An **Education, Health and Care Plan (EHCP)** is a plan for some children and young people with SEND that explains their needs and includes the support and services that a child or young person needs so that they are able to learn.



The EHCP is agreed between the child or young person, their family, the school, health and care services and the **local authority**.



Local authorities are responsible for providing services in a local area.



Different types of schools:

A **mainstream school** is a school that teaches children with different types of needs.

What the SEND Review found



There are four main problems with the SEND and alternative provision system:

1. It's hard for children, young people, their families, and schools to get the support they need when they need it.



2. Children and young people with SEND don't always get the support they need to do as well as they could.



3. Too many children do not have a good experience of alternative provision.



4. The money used to support children and young people with SEND or who are in alternative provision is not always used in the best way.

What do you think?



We want to know what you think about these ideas.



We need to know what you think by Friday, 22 July 2022.



Please contact us and tell us what you think by:

Email: sendreview.consultation@education.gov.uk

SAFEGUARDING UPDATE SAFEGUARDING CHILDREN IS EVERYONE'S RESPONSIBILITY

Does a child you know ever feel lonely when they're online? In a study by the UK's Office for National Statistics, 14% of 10–12-year-olds said that they DID often feel lonely – so any child experiencing those feelings is, sadly, far from unusual. To support Mental Health Awareness - which this year has the theme of 'loneliness' – a group of children and teenagers, explained some of the things that make them feel isolated when they're online. They also suggested some ways they use technology to make themselves feel better when that happens. Below is a compiled ideas guide.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it's needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

LONELINESS ONLINE:

What Causes It and Ways to Feel Better

Have you ever been online and felt a little bit lonely?
In a recent study, 14% of 10–12-year-olds said they often felt lonely, so you're not the only one who sometimes feels that way. We spoke to a group of children and teenagers, who told us some of the things that make them feel isolated when they're online.

CAUSES OF LONELINESS ONLINE

- ☹️ Seeing photos or videos of friends having fun without me
- 😞 Being excluded from group chats or games with friends
- 😞 Friends or family not replying to texts or answering my calls
- 👤 #16* People being unkind to me online
- 😞 When friends leave my group chat

WHAT CAN YOU DO?

So if these things happen to you and you start to feel down, what can you do? The same young people also told us how they make themselves feel less lonely when they're online – and we've collected some of their advice to share with you.

- ✔️ Tell a friend or a trusted adult that you feel lonely
- ✔️ Watch funny videos of cats and pandas
- ✔️ Watch yoga videos and do some exercises
- ✔️ Play single-player games you enjoy
- ✔️ Listen to happy music
- ✔️ Listen to your favourite audiobooks
- ✔️ Send nice messages to your friends and family
- ✔️ Play games with friends who you trust, if they're online too

TAKE A BREAK

Sometimes the best thing you can do is to take a break from technology and do something offline that makes you feel happy.

Here's what our group suggested!

- ✔️ Paint or draw pictures
- ✔️ Play with a pet
- ✔️ Write about your feelings
- ✔️ Hang out with your family
- ✔️ Get outdoors & enjoy nature

FURTHER SUPPORT

Remember, it's normal to feel a bit lonely sometimes – but if it's really upsetting you, and you have no-one to talk to, you can call Childline for free on

☎️ 0800 1111

 **National Online Safety**
#WakeUpWednesday

www.nationalonlinesafety.com [@natonlinesafety](https://twitter.com/natonlinesafety) [/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.05.2022

Warmer Weather As it appears that summer has arrived, I would kindly like to remind you that children must wear the correct uniform. Please ensure your child has a named water bottle and hat.

- Sweatshirt, cardigan or fleece in royal blue with school motif
- Polo shirt – white or royal blue
- Trousers, skirt or tailored shorts – grey or black
- Socks – plain grey, black or white
- Shoes – black – NO trainers
- P.E. kits should be a top in house colour, black tracksuit bottoms or shorts with a black sweatshirt. Trainers should be plain white or black. No leggings please.
- Hijabs should be of plain colour in royal blue, black, white or grey

Girls have the option to wear summer blue and white gingham or striped dresses. The new style of gingham all-in-ones which have shorts at the bottom are also acceptable, provided that the shorts are of a reasonable length (no more than 2-3 inches above the knee please). P.E. kits must only be worn on P.E. days and cannot be combined with other aspects of uniform on non P.E. days. Please also remember that long hair must be tied back or plaited every day. Thank you for your help with these matters.

And finally, we have many wonderful, talented children at Highwood! The auditions went well on Friday and we look forward to your attendance at **Highwood's Got Talent Show** on Friday 10th June to be held at the Grange Academy.

Wishing you a good week ahead.

Bindu Rai
Headteacher

Dates for your diary...

16.05.22	Parent meeting re Jigsaw and delivery of PSHE curriculum 9:15-9:45am
20.05.22	Year 6 palaeontology workshop
23.05.22	Walk to School awareness week
25.05.22	Dental survey for selected children in Rec and year 1
26.05.22	Celebration for Queen's Platinum Jubilee (details tbc)
27.05.22	Occasional Day for Queen's Platinum Jubilee – school closed
Half term – Monday 30 th May to Friday 3 rd June	
06.06.22	INSET DAY 5 – school closed
07.06.22	Start of summer term 2 – pupils return to school
08.06.22	Deadline for handing in Della Allen award nominations
	Year 4 trip to the Chiltern Open Air Museum
09.06.22	Activity Day lead by Game On - all children to wear their P.E. kits please
10.06.22	Highwood's Got Talent at The Grange Academy

13.06.22	Book Look – a chance to come and look at your children’s books after school
14.06.22	Year 5 trip to Kew Gardens – new date
	Year 3 trip to Go Ape at Black Park, Slough – details to follow
15.06.22	Class Photo Day
16.06.22	Reception classes trip to St. Albans
17.06.22	Father’s Day pop up shop run by the Friends of Highwood
21.06.22	New to Reception meeting 6:00pm for prospective parents
22.06.22	New to Nursery meeting 6:00pm for prospective parents
23.06.22	Year 2 trip to Thorney Bay Beach – details to follow
29.06.22	Sports Day for Early Years pupils
01.07.22	Non Uniform Day in exchange for a gift for the tombola for the summer fair
02.07.22	Highwood’s Summer Fair
04.07.22	History off the Page visit for Year 1 ‘Toy Day’
05.07.22	Sports Day for KS1 and KS2
06.07.22	<i>Reserve date for Sports Day for Early Years</i>
07.07.22	<i>Reserve date for Sports Day for KS1 and KS2</i>
08.07.22	Annual reports to be sent home
12.07.22	Sycamore 6 Puppet performance for parents 9:30am - 10:30am
13.07.22	Chestnut 6 Puppet performance for parents 9:30am - 10:30am
14.07.22	Year 6 transition day (visits to new secondary schools)
	Class swap day for the rest of the school – visiting their new classrooms and teachers
15.07.22	Attendance Assembly for children in school
20.07.22	Della Allen Awards
21.07.22	Year 6 leavers’ assembly for parents to attend – 9:30am
22.07.22	End of term – school finishes at staggered times between 1:45-2:00pm