

Sex and Relationship **Education in Year 5**

Agenda

- When this topic will be covered.
- The specific topics we will cover.
- A clip of one of the videos we will show to the children.
- Any questions?

Why? When? How?

- Sex and Relationship Education is part of the National Curriculum
- All children in Year 5
- Through a sequence of sessions over the course of a week.
- Teaching method: establishing ground rules of mutual respect, discussion, videos, scientific activities.
- Children are able to either ask questions in class or anonymously (questions box).
- Children are reminded that this topic is for discussion in class only.
- Teachers will give scientific information, which is appropriate for the child's age which will focus on understanding the changes they will be going through during puberty.

Topics

- The scientific learning will begin with finding out how plants reproduce through pollination.
- Next, we will be looking at the life cycles of different animals e.g butterflies.
- At this point, the children will be able to use this knowledge and understanding to approach the sensitive subject of SRE, confident in the knowledge that this is a natural process.

Topics

- **Lesson 1:** The Human Life Cycle. We will address how children need to ask questions appropriately.
- **Lesson 2:** Changes to your body as you get older and correct language for body parts.
- **Lesson 3:** Puberty - Girls and Boys will have separate lessons about what happens to their bodies during puberty, which includes periods and erections. This involves watching a video of children discussing the topic.

Topics

- **Lesson 4:** Adult relationships and how sex is part of a stable relationship (boys & girls taught separately)

This involves watching an animated video of intercourse within an adult relationship.

- **Lesson 5:** How babies are born.

This involves watching a video of a mother giving birth. (boys & girls taught separately)

- **Any questions?**