

# What is Cyber Bullying?

Cyber Bullying is using any form of technology to abuse or threaten another person. Examples include:

- Sending harassing text messages
- Making malicious/abusive phone calls
- Taking a picture/video of people on mobiles and passing these around for amusement
- Writing threatening E-mails
- Being abusive in chat rooms
- Writing nasty things about people in websites
- Sending nasty instant messages
- Breaking into someone's e-mail account to send nasty messages to others
- Standing by and watching others do any of the above



We take a very serious view of cyber bullying incidents at .....and sanctions range from having your account blocked for a week and a letter being sent home to a possible Suspension in extreme cases.

**"Stay Cyber Safe"**