

## Useful websites: information, guidance, tutorials

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

[www.ceop.police.uk](http://www.ceop.police.uk) -child exploitation and online protection centre

[www.youtube.co.uk/ceop](http://www.youtube.co.uk/ceop)

“Keeping up with the Joneses” “Exposed”

[www.childline.org.uk](http://www.childline.org.uk) - Zipit app

[www.nspcc.org.uk](http://www.nspcc.org.uk)

[www.iwf.org.uk](http://www.iwf.org.uk) – Internet Watch Foundation

[www.PiTDA.co.uk](http://www.PiTDA.co.uk) –Parenting in the digital age

[www.childnet.com](http://www.childnet.com)

[www.kidscape.org.uk](http://www.kidscape.org.uk)

[www.bullying.co.uk](http://www.bullying.co.uk)

[www.digizen.org](http://www.digizen.org)

[www.sipbench.eu](http://www.sipbench.eu)

### Help lines

ChildLine 0800 1111

Kidscape 08451 205 204

Family lives 0808 800 2222

www.imdb.com -

descriptions to show why games + films are given a particular rating.